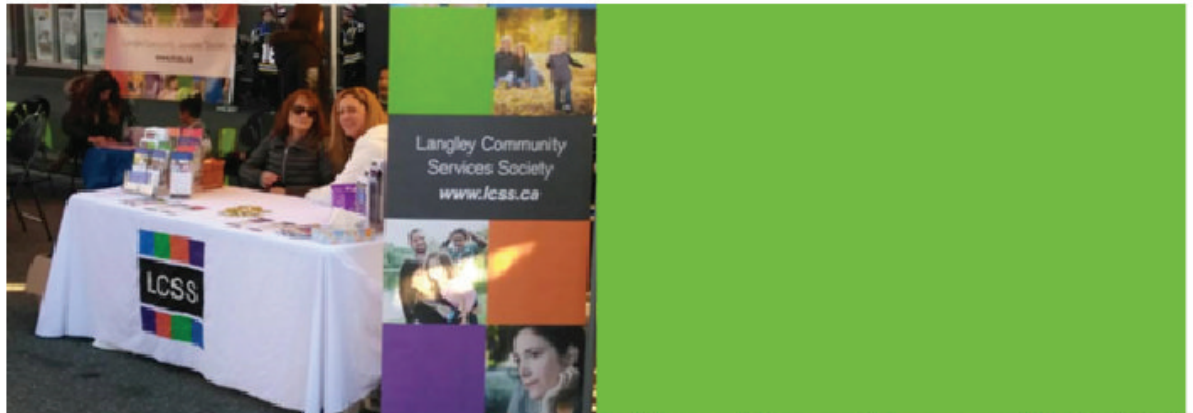


Enriching Lives



Poverty Law Program

This program provides assistance and consultation to persons in the community with a low income level. This will include:

- Information and Referral
- Advocacy support for matters relating to income assistance, provincial and federal disability benefits other federal income support programs, tenancy, and Employment Insurance.
- Public Legal Education (PLE): workshops to provide information to the community.

This program receives funding from the Law Foundation of British Columbia.



OARH (Organization Against Racism and Hate)

LCSS is a local community partner working collaboratively with Langley Human Dignity Coalition to understand the challenges of discrimination in their surroundings, empowering communities to develop a response, and join the network to support inclusion. Every OARH partner develops a procedural document called a protocol that can be used across the community to support organizations (and sometimes individuals) to respond to racism and hate locally. Every protocol is different because every local area is responding to a different set of circumstances and readiness in relation to responding to racism and hate.

LCSS is working within the Langley Human Dignity Coalition in support of this program.



Information and Referral



Information and Referral connects residents of the Langleys with additional services and supports available within the communities. Please call us with inquiries relating to social, community and government services.

Program funded by:





Family Counselling



Parent Outreach & Education (POE)

Parent Outreach offers FREE confidential in-home education and counselling. We work together with families of children up to age 14 years to develop a parenting plan through education, learning resources, community resources and referral information.

Parent Education offers FREE workshops on an ongoing basis. Topics may include: positive parenting, collaborative problem solving, postpartum depression, managing anxiety and depression, emotional regulation, empathy, communication skills.

"Very helpful and I enjoyed my time with the counsellor. She opened my eyes to how to better myself as a parent and how to engage with my kids."

Program funded by:



Community Counselling (CC)

Community Counselling offers FREE counselling to couples and individuals who are caregivers to children aged 14 years and younger. When space permits, other members of the Langley community may access services. People come to LCSS for support when experiencing upset or conflict in their family, marriage, work, or other relationships. We also offer support during times of stress such as depression, grief or loss.

"I learned a lot about myself within the short time I had counselling. I would definitely go back and also recommend their services to anyone in need!"

Program funded by:





Family Services



Child Care Resource & Referral

The Child Care Resource and Referral program offers FREE consultation, support and assistance to Langley parents who are seeking child care. CCRR also supports child care providers through information, outreach, resources, educational workshops and networking opportunities.

"The CCRR office is an invaluable resource. I could not afford to do my job, with any kind of quality, without the services of CCRR"

Family Place Resource Programs

The Family Place Resource Programs provide warm, welcoming and supportive environments where children and caregivers explore, play and learn together. All Family Place activities are structured to support and nurture the emotional, physical, cognitive and social development of each child. The daily schedule includes: free play/ open-ended activities, creative and expressive art, music, circle and story time, and snack time.

"My daughter and I love coming here. It provides a chance for us to meet other parents and kids and learn things about topics I am interested in like nutrition and sleep help."

Program funded by:





Substance Use Services



As an outpatient service, Substance Use Services provides information, assessment, counselling and referrals for persons attempting to create change regarding their personal substance use problems. Service is also available for people who are affected by someone else's substance use problem.

"The services have made a great improvement in my life and have given me skills to move forward positively in the future."

Services include individual and family counselling, group work and aftercare support. A harm reduction approach is used, tailoring services to the needs and goals of each client.

Support for Clients

- One-to-one counselling for children, youth and adults
- Group and family counselling
- Support and relapse prevention groups
- Referrals to residential and day treatment programs; community services
- Alcohol and drug information and education

Substance Use Services are available to Langley residents only. Please call 604-534-7230 ext 1108 to book an appointment.

Program funded by:





Intensive Case Management Team (ICMT)



Intensive Case Management Team (ICMT)

Intensive Case Management Team (ICMT) The Langley ICMT is a multi-disciplinary team that engages with clients that meet eligibility criteria through street outreach with a primary focus on client engagement, housing stability and brokering services, including provision of and access to health care including mental health services. They work with clients where they are at, to create an individual plan to improve and stabilize their lives.

The team specifically works with clients 19 years and older, who have problematic chronic or dependent substance use (with or without mental illness, concurrent disorders or coexisting functional impairment). These individuals may also be experiencing homelessness either chronically or episodically. Clients who are assigned to the ICMT may be referred by a community professional, families or clients can self refer. Clients who are integrated into services must meet eligibility criteria and will be screened into the program.

The ICMT is not a Crisis Service. The program is designed to reduce crisis/emergency incidents and create a scope of health equity by bringing services to the population with a goal of transitioning them to current "mainstream" programs in the community.

Tel: 604.546.9044
Fax: 604.514.1419



Stepping Stone
Community Services Society

Program funded by:



Settlement & Integration Services



Settlement & Integration Services (SIS)

Settlement and Integration Services (SIS) is designed for Refugees and Newcomers.

SIS provides FREE weekly Information Sessions, Referrals and Orientation Workshops.

Ongoing programs include:

- **English Conversation Circles**
Practice your conversation skills, writing, listening and reading. Learn about Canadian History, Culture and Customs. Make new friends from different countries.
- **Employment Services**
Provides workshops on: resumes, cover letters, thank you letters, interview skills/techniques, basic labour laws and BC human rights, employment, training opportunities, legal education system.

- **Senior's Program**
Includes conversation circles, community gardens participation, community field trips, mentoring and volunteering opportunities.
- **Women's Program**
A 12-week program to empower immigrant women with confidence and effective communication in their daily lives and within community.
- **Mentorship and Volunteerism**
2 hour workshops provided on a monthly basis and designed to work towards matching community mentors with clients and/or families. There are many opportunities to volunteer within our programs.

Program funded by:



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés et
Citoyenneté Canada

Settlement & Integration Services



Early Learning Program (ELP)

The Early Learning Program is designed for refugee/newcomer children aged 0-6 years and their caregivers who have multiple barriers to integration.

The FREE program is designed to meet the cultural, developmental, parenting and life skills needs of the participants. The modified early childhood centre provides a welcoming and relaxed atmosphere 5 days per week.

▪ Family Support

Information on settlement and assistance on various governmental and non-governmental appointments and applications will be provided to clients

▪ Registering your Children for school

Providing information on School District #35, the registration process, required documents and consultations.

▪ **Canadian Games for Children**
Children and their parent / care-giver to experience plays and community visits to promote peer interaction and learning

▪ Best Babies Program

Prenatal nutrition, nutrition and lifestyle information. Referrals to community resources for food assistance and free prenatal vitamins

▪ Parenting in Canada

Providing information on parenting norms in Canada

▪ Basic Cooking and Foodsafe

Nutrition and cost effective meal planning preparations

▪ Information English Conversation Circles

Basic English language skills. Emphasis will be on parent/care-provider and children participating in the circle

▪ Field Trips & Community Events

Provide children and their parent/care-giver with the opportunity to visit and to connect with the community

Program funded by:

Immigration, Refugees and Citizenship Canada
Immigration, Réfugiés et Citoyenneté Canada



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés et
Citoyenneté Canada



Settlement & Integration Services



Skills to Success Program

Skills to Success is a youth employment program designed to assist youth into the labour market in BC. This is a 16-week program that includes **paid 6 weeks in class and training** and **paid placement of 10 weeks at the job**.

Objectives of the program:

- To help youth overcome barriers to employment;
- To help youth develop a broad range of skills and knowledge in order to participate in the current and future labour market; and
- To promote education and skills as being key to labour market participation.

Eligibility criteria:

- Clients between the ages of 15-30 years old
- Naturalized Canadian citizen, permanent resident, confirmed refugee status, or youth with disability
- Legally entitled to work in Canada
- Not in receipt of Employment Insurance benefits
- A member of visible or ethnic minority
- Out of school and unemployed

Program funded by:

Funded in part by the Government of
Canada's Skills Link program

Canada



Family Counselling



Family Connections (FC)

The LCSS Family Connections programs work in close collaboration with the Ministry of Children and Family Development. An individualized assessment of the family helps identify strengths, safety concerns and supports that are available to reduce risks. Together with the LCSS counsellors, the family works through a collaborative, solution-focused process to resolve issues. Referrals to the Family Connections Programs come from MCFD social workers.

Three programs operate under the umbrella of Family Connections:

- Family Strengthening Program
- Family and Youth Team
- Intensive Team

Program funded by:



Family Success Program

The Family Success Program offers family therapy to families struggling with child protection concerns or family functioning challenges. We also offer family therapy to families that are at high risk of experiencing a decline in family functioning.

All referrals must come from the Langley Ministry of Children and Family Development offices.

Areas of Support:

- Parenting Strategies
- Attachment
- Parental family of origin concerns
- Extended family dynamics

Program funded by: Ministry of Children and Family Development

Mission

United, we empower and inspire individuals and families to enhance their lives and build inclusive, healthy communities.

Make a Donation

Langley Community Services Society exists to help individuals and families change their lives. Through counselling, education and the provision of information and resources, LCSS assists nearly 2,000 individuals, couples and families on a yearly basis. LCSS relies on government funding and the generosity of individuals and organizations. Please support LCSS. Donations may have various forms: one-time cash gifts, monthly contributions, designations in estate plans, gifts of shares and gifts-in-kind. Tax receipts will be issued for philanthropic donations.

For additional information about supporting Langley Community Services Society, please contact **604-534-7921** or **info@lcss.ca**

LCSS Charitable Business #: 119005304 RR0001



Get in Touch

General Enquiries:
tel: 604-534-7921 fax: 604-534-3110

Administration:
tel: 604-533-7989 fax: 604-534-9884

Child Care Resource & Referral:
tel: 604-533-4425 fax: 604-533-1121

Community Counselling:
tel: 604-534-7921 fax: 604-534-3110

Early Learning Program:
tel: 604-534-7921 fax: 604-534-3110

Family & Legal Advocate Services:
tel: 778-574-4119 fax: 604-534-9884

Family Connections:
tel: 604-533-7920 fax: 604-533-0020

Family Place Resource Program:
tel: 604-534-7921 fax: 604-534-3110

Family Success Program
tel: 604-534-7921 fax: 604-534-3110

Settlement & Integration Services:
tel: 604-534-7810 fax: 604-534-3110

Parent Outreach & Education:
tel: 604-534-7921 fax: 604-534-3110

Substance Use Services:
tel: 604-534-7230 fax: 604-534-1832

Intensive Case Management Team:
tel: 604-546-9044 fax: 604-514-1419



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